

# THE SPA

in collaboration with

LONDON AESTHETIC MEDICINE

) ( *Dorchester Collection*



We're delighted to welcome Dr Uliana Gout to The Spa, a leading global expert in aesthetic medicine and founder of the multi award-winning London Aesthetic Medicine(LAM) clinic on Harley Street. Dr Gout shares her unique expertise in 'Intelligent Aesthetics', using an evidence-only approach and safety-first philosophy which has earned her multiple industry accolades and an elite global following.

Dr Gout's attitude to aesthetic medicine centres around LAM hyper-personalisation, beginning with your private consultation. All her treatments feature mixed modalities combined with innovative techniques for truly exceptional results.

*"I am thrilled to have curated the LAM Luxe treatment experience exclusively for The Spa. Clients will have access to my signature treatment creations, using the latest multi-modal treatments with minimal downtime to make you look and feel fantastic, rejuvenated and natural!" – Dr Uliana Gout*

## 2024 SIGNATURE TREATMENT LAUNCHES

### ULTIMATE 360 CELLULAR ACTIVATION FACIAL

LAM Luxe 4 Billion exosomes, polynucleotides, LAM anti-oxidant facial, focal T-zone facial, multipolar and epidermal radio frequency 2MHz, micro electroporation, tri-light emitting diode and O2 jet bubble

90 minutes

Single £2,770 | Three £7,810 | Six £14,960

The LAM Luxe exclusive 2024 signature facial, is the ultimate combination of the hottest molecules in the global regenerative aesthetics arena; exosomes and polynucleotides. This is a perfect combination alongside our powerhouse skin tightening multipolar and epidermal radio frequency 2MHz, anti-oxidant detoxing facial, focal T-zone pore minimising facial, skin soothing micro electroporation, collagen promoting and decongesting tri-light emitting diode, completed with our innovative oxygenating O2 jet bubble.

### THE LUXE REGAL

Nine exclusive treatments: LAM Luxe full face, neck and chest anti-wrinkle injections; combined with LAM Luxe 4 Billion exosomes; polynucleotides; LAM anti-oxidant facial; focal T-zone facial; multipolar and epidermal radio frequency 2MHz; micro electroporation; tri-light emitting diode; and O2 jet Bubble

120 minutes

Single £4,995 | Three £14,100 | Six £27,000

Indulge in the epitome of opulence – Dr Gout’s renowned expertise shines through in a meticulously crafted regimen of nine powerful treatments, combining the artistry of full face, neck and décolleté anti-wrinkle injections coupled with our 2024 Signature Ultimate 360 Cellular Activation Facial. Our bespoke micro anti-wrinkle injections will help with smoothing fine lines, sculpting facial contours, and assisting in tightening of the jawline. This divine fusion is couple with our innovative LAM Luxe 4 Billion Exosome infusion; newly launched Polynucleotide splash; skin tightening Multipolar and Epidermal Radio Frequency 2MHz; Anti-Oxidant detoxing facial; focal T-zone pore minimising facial; Micro Electroporation and Tri-Light Emitting Diode to help boost collagen synthesis. Complete this lavish experience with our exclusive O2 Jet Bubble for the ultimate rejuvenation journey.

## THE LAM LUXE SIGNATURE

### THE SIGNATURE LUXE

LAM Luxe facial and blue LED light therapy

Single £750 | Three £2,140 | Six £4,050

The LAM Luxe signature facial infuses your skin with a unique blend of pure hydrating molecules and gentle humectants, progressively revealing enhanced skin radiance and smoothness. This is combined with antibacterial blue LED light therapy and a glow-boosting mask to leave your complexion soft and smooth as silk.

### THE LUXE RADIANT

LAM Luxe facial, electroporation, M-mode radio frequency and blue LED light therapy

Single £1,100 | Three £3,275 | Six £6,210

The LAM Luxe Radiant facial infuses your skin with a unique blend of pure hydrating molecules to help optimise smoothness and pore refinement. LAM Luxe electroporation promotes deeper skin penetration of the active molecules boosting your glow. M-mode radio frequency heats the tissue to help stimulate collagen production and promote tightening, specifically focusing on the lower face for an enhanced 'v-shape' jawline. The treatment ends with skin-cleansing blue LED light therapy and a smoothing mask to leave the complexion lifted and refined.

### THE LUXE CELEBRITY

LAM Luxe facial, electroporation, M-mode radio frequency, exosome skin-infusion and red LED light therapy

Single £1,300 | Three £3,700 | Six £7,000

The ultimate combination of enhanced hydration, smoothness and tightening. The LAM Luxe Celebrity facial infuses your skin with a unique blend of pure hydrating molecules to help optimise smoothness and pore refinement. M-mode radio frequency is used to tighten and enhance facial contours, followed by Dr Gout's signature LAM exosome infusion technique to promote hydration and plump your skin by delivering an exosome cocktail deeper into the skin using electroporation. The treatment ends with anti-inflammatory red LED light therapy and a hydrating mask for extra sparkle and glow.

## THE LAM LUXE SIGNATURE

### THE DIAMOND DELUXE

LAM Luxe facial, upper face anti-wrinkle injections and multi-LED light therapy

Single £1,500 | Three £4,275 | Six £8,100

A full face beautification, treating the skin with the LAM Luxe signature facial combined with a youth-activating series of micro anti-wrinkle injections to help lift the brows, open the eyes and smooth the forehead, enhancing every facet of your features for an undeniable glow. To complete the look, LAM Luxe multi-LED light therapy optimises skin regeneration.

### THE LUXE ABSOLUTE DEFINE

Full face and neck anti-wrinkle injections, M-mode radio frequency and multi-LED light therapy

Single £2,500 | Three £7,125 | Six £13,500

A powerfully targeted treatment to help enhance contours and smooth irregularities. This treatment offers face and neck rejuvenation with a bespoke pattern of micro anti-wrinkle injections to help smooth lines, sculpt facial contours and help to tighten the jawline. The addition of M-mode radio frequency with heat helps to stimulate collagen production that improves over time. To complete the look, LAM Luxe multi-LED light therapy optimises skin regeneration.

## THE SPA'S EXCLUSIVES

Dr Gout has created two treatments exclusively for her clients at The Dorchester Spa. We invite you to enjoy a level of aesthetic prestige not available elsewhere.

### THE LUXE ULTIMATE ROYAL

LAM Luxe full face, neck and chest anti-wrinkle injections, full face skin training, M-mode radio frequency and multi-LED light therapy.

Single £3,995 | Three £11,385 | Six £21,500

The jewel in the crown. No luxury is spared with this full face and neck rejuvenation. A combination of anti-wrinkle injections and Dr Gout's signature skin training contour conditioning treatment helps to sculpt the face for enviable contours, gently arched brows, subtly enhanced cheekbones, a more chiselled jawline and luscious lips. A bespoke cocktail of hyaluronic acid, peptides, amino acids, vitamins and minerals is delivered to the deeper skin layers to help smooth away fine lines and wrinkles and diminish signs of tiredness and ageing. This is perfectly coupled with LAM Luxe M-mode radio frequency for enhanced collagen induction, alongside our powerful LAM Luxe multi-LED light therapy to help regenerate your skin.

### THE MAYFAIR GLOW

LAM Luxe upper face anti-wrinkle injections, LAM Luxe facial, M-mode radio frequency and multi-LED light therapy

Single £2,995 | Three £8,985 | Six £16,150

For the facial connoisseur, we present The Mayfair Glow. This full face treatment is a true indulgence for the skin, helping to refine pores, promote radiance and boost collagen for long-lasting results. This is combined with precisely targeted anti-wrinkle injections to help smooth lines from the forehead, between the eyes and crow's feet, and elegantly lift your features. LAM Luxe M-mode radio frequency completes the effect by helping to tighten and sculpt the jawline for a taut and lifted look, alongside our powerful LAM Luxe multi-LED light therapy to assist in regenerating your skin. Our signature LAM Luxe facial perfects your glow with radiance-enhancing lipophilic molecules.

## THE LAM LUXE TRAINING PROGRAMMES

An exclusive collection of treatments curated by Dr Uliana Gout for optimum results over time. A celebration of innovation and aesthetic excellence.

### LAM LUXE MUSCLE TRAINING

Anti-wrinkle injections and M-mode radio frequency with multi-LED light therapy

Single £2,100 | Three £6,000 | Six £11,300

A full face treatment uniquely developed by LAM Luxe with anti-wrinkle injections to help retrain habits of over-contraction in your muscles. This revolutionary approach helps to counter the effects of ageing, leading to a more smooth, slim and contoured visage. It helps reduce the tell-tale signs of ageing, including frown lines, forehead wrinkles, crow's feet, bunny lines, lip lines and chin contraction, with the added effect of slimming and tightening the lower face using micro-injections for your comfort. This is coupled with LAM Luxe powerful M-mode radio frequency alongside LAM Luxe multi-LED light therapy to help optimise skin tightening and regeneration.

### LAM LUXE SKIN TRAINING

Contour-conditioning with multi-LED light therapy

Single £2,100 | Three £6,000 | Six £11,300

The latest global innovation for 2023. Hailed by the beauty press as pioneering the next era of aesthetic rejuvenation and bio-stimulation.

Skin training: Contour-conditioning is for the individual who dreams of plumper, gently contoured features that help radiate health, youth and vitality. A bespoke cocktail of powerful active ingredients is delivered into your skin and the deeper subcutaneous layers of the face, neck, ears and décolleté for more beautifully plump, nourished and smooth skin. Experience the regenerating power of hyaluronic acid, peptides, amino acids, vitamins and minerals combined with Dr Gout's signature micro-needle and cannula technique to optimise tightening and skin regeneration.

*"We all deserve to look great at any age, but in today's world it's easy to over-inject and look obviously enhanced. That's why I've created the LAM Luxe Signature Skin Training Contour-Conditioning Programme to take you on a journey to help reboot, recover, contour and condition your skin."*  
- Dr Uliana Gout

## THE LAM LUXE MAN

### THE BLACK TIE

LAM Luxe Man facial, exosome skin-infusion and blue LED light therapy

Single £795 | Three £2,260 | Six £4,290

This exclusive facial powers through pores to help unclog and decongest the skin, leaving it smoother and clearer. A unique blend of hydrating molecules helps to hydrate and soothe tired or irritated skin, combined with a high-powered LAM Luxe blue LED light to help with skin clarity and congestion. Finally, the signature exosome skin infusion boosts collagen induction, hydration and stimulation of cellular regeneration.

### THE ELITE MAN

LAM Luxe Man upper face anti-wrinkle injections and multi-LED light therapy

Single £975 | Three £2,775 | Six £5,265

The modern treatment for the modern man. A subtly powerful series of micro anti-wrinkle injections to help smooth lines caused by overworked muscles in the forehead and around the eyes, jaw and chin. For this bespoke treatment, Dr Gout takes key areas of the face into account, including muscle density and bone structure, to treat and help prevent future wrinkles with micro-injections. To complete the look, LAM Luxe multi-LED light therapy helps optimise skin regeneration.

### LAM LUXE MAN MUSCLE TRAINING

LAM Luxe Man facial, full face and neck anti-wrinkle injections and multi-LED light therapy

Single £2,225 | Three £6,340 | Six £12,000

Muscle training doesn't end at the gym. Dr Gout's most famous treatment for enhancing your facial structure uses anti-wrinkle injections to help retrain habits of over-contraction in your muscles. This revolutionary approach is specifically tailored to male skin to help counter the effects of ageing, leading to a smoother, more chiselled and more youthful visage. This combination assists in reducing the tell-tale signs of stress and tiredness across the forehead, around the eyes, across the jawline and helps to reduce over-contraction of the chin. It's combined with an LAM Man facial to help unblock pores and decongest the skin, followed by LAM Luxe multi-LED light therapy to help optimise skin regeneration.



## THE LAM LUXE MAN

### THE LUXE MAN SCULPT AND REVIVE

LAM Luxe Man facial, M-mode radio frequency, exosome skin-infusion and red LED light therapy

Single £1,300 | Three £3,700 | Six £7,020

This exclusive facial helps power through pores to help unclog and decongest the skin, leaving it smoother and clearer. A unique exosome skin infusion helps to stimulate collagen induction, hydration and assist with cellular regeneration. This is combined with LAM Luxe M-mode radio frequency to help tighten and lift the face, coupled with red LED light therapy to help reduce redness and inflammation.

## THE LAM LUXE BODY PROGRAMME

The Luxe Body Sculpting, M-mode radio frequency, electroporation, body exfoliation and exosome skin-infusion

Single area £1,400 | Six £7,020

Three areas single £2,600 | Six £13,000

This exclusive body sculpting treatment utilises high powered ultrasound cavitation, LAM Luxe M-mode radio frequency, exosome infusion, deep electroporation and hydra cleanse exfoliating body facial. This treatment can be done on the stomach, both thighs and full bottom.

### The Luxe Hand Antioxidant Resurfacing Masque & LAM Luxe Skin Training

Single £1,700 | Three £4,794 | Six £9,180

If your hands need some texture, hydration, depigmentation improvement, we are here to help with our signature combination of LAM Luxe Antioxidant Hand Skin Resurfacing Mask to target irregular pigmentation and sun damage combined with our famous Lam Luxe skin training, utilising minuscule magic needles to precisely deliver a cocktail of powerful, hydrating molecules into the skin to bolster fine lines, crevices, and infuse hydration.

### The Luxe Derriere (Buttocks)

Single £2,400 | Three £6,768 | Six £12,960

If you are experiencing skin dehydration and laxity around the derriere area, alongside pigmentation irregularities we are here to help with our signature combination of LAM Luxe Antioxidant Derriere Skin Resurfacing Masque to target irregular pigmentation and texture damage combined with our famous skin training utilising magic needles to precisely deliver a cocktail of powerful, hydrating molecules into the skin to bolster lax skin, fine lines, crevices and infuse suppleness and hydration.

### The Luxe Focal Cosmetic Stretch Marks – LAM Luxe Focal Skin Training and LAM Luxe Electroporation (up to 5 stretch marks)

Single area £1,200 | Three £3,384 | Six £6,480

Two areas single £2,600 | Three £6,204 | Six £11,880

If you would like us to help Improve the visibility of small focal stretch marks, we have a cosmetic signature treatment combination for you. The first treatment includes our famous LAM Luxe Focal Skin Training utilising minuscule magic needles to precisely deliver a cocktail of powerful hydrating molecules into the skin to bolster lax skin, fine lines, crevices and infuse suppleness and hydration. Secondly, we will utilise our signature LAM Luxe Electroporation Combination with LAM Luxe Exosomes to help with texture, skin plumping and hydration.