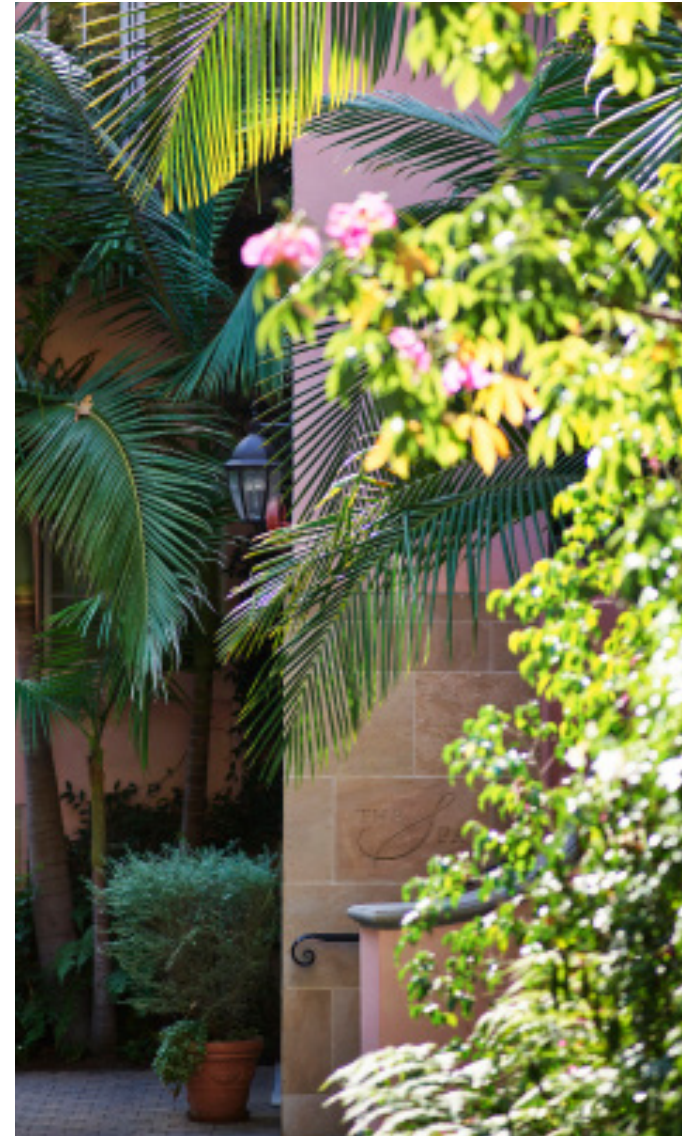


A PLACE OF SERENITY, ALIVE WITH TIMELESS SOPHISTICATION

Surrounded by quiet courtyards and tropical gardens, The Spa at Hotel Bel-Air beckons you with a warm embrace. An exclusive sanctuary, nestled among lush greenery and fragrant blooms, where the only sounds are the rustle of palms and tinkle of fountains. Here you can take a moment to reflect, reconnect and achieve a deeper understanding of the rhythms of life.





SCIENCE AND NATURE IN PERFECT HARMONY

Beauty begins from within. It's something we understand implicitly, and it's the reason we've chosen to partner with Valmont, whose exceptional products deliver transformative results. Valmont's Swiss skincare expertise brings together science and nature to deeply restore and repair your skin, while resetting the body, mind and spirit.



BEL-AIR RETREATS

ULTIMATE ESCAPE

Three hours, 30 minutes

Take time out from busy schedules to restore your body and mind with this indulgent head-to-toe treatment. Enjoy our Bel-Air Signature Massage and Hydration Ritual Facial, followed by a Bel-Air Manicure and Pedicure for complete pampering.

JET LAG RECOVERY

Two hours

This gentle remedy helps ease the effects of jet lag and bring you back to feeling yourself again. Enjoy an Aromatherapy Experience Massage, followed by an Energy Ritual Facial to help restore vitality and reduce signs of fatigue.

BEL-AIR COUPLE'S RETREAT

90 minutes

Enjoy a shared moment of pampering in our romantic candlelit enclave, where you can enjoy a private aromatic bath together, followed by a bespoke couple's massage performed side by side.



FACIALS



C+VA SIGNATURE VALMONT TREATMENT

Vitality of the Stars, 90 minutes

Experience the ultimate luxury beauty treatment, exclusive to The Spa at Hotel Bel-Air. Our bespoke facial techniques clear and detoxify, while Valmont's cellular collagen masks for the face, eyes, neck and décolleté will renew and restore your skin. Finally, LED and microcurrent technology lifts and defines the contours of the face. The treatment concludes with a relaxing and deeply hydrating hand and foot treatment.

C+VA HYDRATION RITUAL

Hydration of Bisses, 60/90 minutes

Give your skin a youthful glow with this intensely nourishing facial, which deeply hydrates dry skin to help restore suppleness, while re-plumping and smoothing fine lines with the power of collagen. Essential for all skin types and perfect post-travel.

C+VA ENERGY RITUAL

Energy of the Glaciers, 60 minutes

This effective ritual helps to restore vitality to dull complexions by stimulating cell renewal, leaving skin looking firm, toned and radiant.

VA = VALMONT C = INCLUDES COLLAGEN

C+VA

LIFT RITUAL

Lifting from the Peak, 60/90 minutes

With this resolutely lifting and firming expert treatment, Valmont showcases its technical expertise in five steps. The skin is lifted and smoothed. Using collagen the face is left sculpted and plumped.

C+VA

LUMINOSITY RITUAL

Luminosity of Ice, 60/90 minutes

Regain a radiant, glowing complexion with this deeply nourishing treatment, which combines glycolic acid, vitamin C and white lupine seed extract to help brighten skin and refine its texture. Collagen is added to re-plump and smooth fine lines.

C+VA

ELIXIR DES GLACIERS

Majestic treatment, 90 minutes

Beauty blossoms with ultimate refinement with this exceptionally nourishing, sculpting and remodeling treatment for the face. A luxurious selection of Elixir des Glaciers products are applied with specialized facial massage techniques to energize, lift and rejuvenate.

VA

PURIFICATION RITUAL

Purity of the Alps, 45 minutes

Designed to purify, balance and unify the complexion, this treatment is intended for all, particularly those prone to imperfections and uneven appearance. The skin will be gently and comfortably freed of impurities leaving it renewed, refined and balanced.

VA

VALMONT

Valmont Discovery Treatment, 60/90 minutes

Energizes the skin revealing a healthy dewy complexion. The vigor and energy provided by the dual energizing and relaxing massage gives the complexion a fresh and revitalized look.

MASSAGES

BEL-AIR SIGNATURE MASSAGE

60/90 minutes

Choose from Swedish, deep tissue or a combination of these techniques as our expert massage therapists release tension and relax sore muscles.

ULTIMATE AROMATHERAPY EXPERIENCE

60/90 minutes

With your chosen aromatherapy oil, your massage therapist will use carefully applied pressures to stimulate the nervous system, Swedish techniques to relax you, followed by lymphatic drainage to encourage healthy circulation. The evocative aromas will help to balance the mind and carry you away into a moment of bliss.

ULTIMATE ROSE PREGNANCY MASSAGE

60/90 minutes, (suitable from 14 weeks)

Feel nurtured and supported in a time of constant change with a massage designed to answer the developing needs of mother and baby. The nourishing properties of rose oil will leave the body soothed and skin pampered.

BEL-AIR BATH THERAPY

90 minutes

Step into our tranquil enclave and take in the most inviting sight before you: a warm, candlelit aromatherapy bath. Soak your cares away before enjoying a deeply relaxing massage tailored to you.

REFLEXOLOGY MASSAGE

30 minutes

The healing benefits of reflexology can be felt throughout the entire body as our expert therapists gently press and release points believed to correspond to blocked energy.

SCALP AND FOOT THERAPY

30 minutes

Enjoy the blissful experience of two therapists working on your scalp and feet simultaneously to perform a healing massage.

CLEAR YOUR MIND

90 minutes

Delight in a refreshing yet calming experience for body, mind and soul. This is an effective massage that helps the mind unwind and refocus, getting you back on track.

SLEEP DEEPLY

90 minutes

This head-to-toe massage uses carefully applied pressures to induce a serious state of relaxation, leaving you prepared for a sound night's sleep.

HOT STONE MASSAGE

60/90 minutes

Relax and unwind as our massage therapist applies warm stones to the body, easing stress and melting away tension.





BODY RITUALS

VA **FIT AND TONE**

Peaks of Slimness, 60 minutes

This results-driven treatment is performed with Valmont's signature technique to target curves and cellulite, leaving skin looking firm and toned. The contours of the figure feel redefined and the body feels fresh and light.

ROSE HYDRATOR

90 minutes

This intensely nourishing treatment includes layer upon layer of rich serum, oils and creams to cocoon your body in a fragrant blend of rose, chamomile and neroli. Skin is left feeling silky smooth, soft and radiant.

VA **SOFT AND SMOOTH**

Vitality of the Body, 60 minutes

Regain energy, serenity and perfectly soft skin with this energizing treatment which includes a full-body exfoliation and a unique massage technique, leaving you feeling completely relaxed.

DETOX AND REVIVE

90 minutes

The perfect pick-me-up for when you're feeling lethargic or over-indulged, this treatment combines sweet zesty pink grapefruit, rosemary and woody juniper berry for a strengthening, detoxifying effect.

VA = VALMONT

VA FRESH AND PURE

Bisses of Purity, 45 minutes

Enjoy silky smooth, glowing skin with this full-body exfoliation to eliminate dead cells and toxins.

BESPOKE SKIN POLISH

30 minutes

An all over exfoliation of richly nourishing products, to leave the skin looking radiant and feeling wonderfully smooth.



HANDS AND FEET

BEL-AIR MANICURE AND PEDICURE

30/60 minutes

Sit back, relax and enjoy your 'me time' with this classic nail treatment. Nail shaping and cuticle care are topped off with a massage and your choice of polish or buff.

MINDFUL MANICURE AND PEDICURE

45/60 minutes

This uplifting treatment combines rich, luxurious products to soothe and revitalize fingers and toes. Your treatment will include an energizing scrub and blissful massage, leaving you feeling perfectly pampered.

VA

ULTIMATE VALMONT SPA MANICURE AND PEDICURE

60/75 minutes

For this intensive hydrating treatment, Valmont's anti-aging skincare expertise are re-imagined for the hands and feet. Relax as you experience a boost in radiance leaving skin silky smooth and soft.

ICONIC GEL MANICURE AND PEDICURE

60/75 minutes

Give your hands and feet an indulgent treat with this luxurious experience. Your hands and feet will be gently exfoliated and moisturized, before the nail technician applies your choice of gel polish. Offering long-lasting, high gloss shine, gel polish dries instantly, without smudging or chipping.



THE ENCLAVE

Here the warm LA breeze sets the pace for your afternoon: slow, gentle and blissfully quiet.

The enclave is our secluded secret, where two sumptuous treatment beds and a marble soaking tub are the only invitation you need to enjoy a shared moment of pampering. Wrapped in your fluffy robe, step outside and discover a shady patio with comfortable chairs for whiling away the afternoon.

SPA INFORMATION

Open every day at 9am

ARRIVAL

We recommend arriving 30 minutes prior to your appointment to allow time to change and enjoy a complimentary steam. If you're staying at the hotel, please feel free to wear the robe and slippers from your room.

FACILITIES

The spa is a restorative oasis, featuring seven treatment rooms, a tranquil relaxation lounge

and a nail suite with two manicure and three pedicure stations. For additional privacy, all treatments can be enjoyed together in our private couple's enclave, when reserved in advance.

Every care has been taken with the smallest details, from warm towels and heated massage tables, to personalised music for every guest. You'll even find a menu of fresh pressed juices and smoothies for post-treatment refreshments.

RESERVATIONS

To avoid disappointment, we recommend booking your spa appointment in advance. To secure a booking, we just ask that you provide a credit card. Please note a 20% gratuity will be added to spa services, and 30% gratuity for in-room treatments.

CANCELLATIONS

All services are reserved specifically for you. To avoid a full charge, we ask that you provide a minimum of 24 hours' notice to cancel or reschedule your appointment.

HEALTH AND ALLERGIES

If you have any health concerns or allergies, please let us know when you book.

PREGNANCY

If you're expecting, please let our spa team know when you book your appointment, and again on arrival, so we can tailor your treatment to you.

GIFTS

A moment of relaxation is different for everyone. Let them choose their own experience with a spa gift card.

TREATMENTS

RETREATS

Ultimate Escape	3.5 hours	\$725
Jet Lag Recovery	2 hours	\$660
Bel-Air Couple's Retreat	90 mins	\$800

MASSAGES

Bel-Air Signature Massage	60 mins	\$250
	90 mins	\$350
Hot Stone Massage	60 mins	\$290
	90 mins	\$390
Reflexology Massage	30 mins	\$195
Scalp and Foot Therapy	30 mins	\$340
Bel-Air Bath Therapy	90 mins	\$400
<i>Includes 60-minute Signature Massage</i>		
Clear Your Mind	90 mins	\$385
Sleep Deeply	90 mins	\$385
Ultimate Aromatherapy Experience	60 mins	\$295
	90 mins	\$395
Ultimate Rose Pregnancy Massage	60 mins	\$295
	90 mins	\$395

ADD-ONS

Aromatherapy Oil	\$50
TheraOne Soothe CBD Oil	\$80
Theragun Percussive Therapy	\$75

RITUALS

VA Bisses Purity	45 mins	\$265
VA Peaks of Slimness	60 mins	\$325
VA Vitality of the Body	60 mins	\$325
Bespoke Skin Polish	30 mins	\$185
Rose Hydrator	90 mins	\$385
Detox and Revive	90 mins	\$385

FACIALS

C+VA	Signature Valmont Treatment Vitality of the Stars	90 mins	\$1,000
C+VA	Hydration Ritual Hydration of Bisses	60 mins	\$365
		90 mins	\$465
C+VA	Energy Ritual Energy of the Glaciers	60 mins	\$365
		90 mins	\$465
C+VA	Luminosity Ritual Luminosity of Ice	60 mins	\$375
		90 mins	\$475
C+VA	Lift Ritual Lifting from the Peak	60 mins	\$375
		90 mins	\$475
C+VA	Firmness Ritual Firmness of the Hills	60 mins	\$375
		90 mins	\$475
VA	Valmont Discovery Treatment	60 mins	\$275
C+VA	Elixir des Glaciers Majestic Treatment	90 mins	\$675
VA	Purification Ritual Purity of the Alps	45 mins	\$225

ADD-ONS

Valmont Collagen Eye	\$85
Valmont Collagen Décolleté	\$135
NuFace LED	\$60
NuFace Microcurrent	\$60

HANDS AND FEET

	Bel-Air Manicure	30 mins	\$80
	Bel-Air Pedicure	60 mins	\$120
	Mindful Manicure	45 mins	\$120
	Mindful Pedicure	60 mins	\$160
VA	Ultimate Valmont Spa Manicure	60 mins	\$165
VA	Ultimate Valmont Spa Pedicure	75 mins	\$220
	Iconic Gel Manicure	60 mins	\$135
	Iconic Gel Pedicure	75 mins	\$175

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