

The background is a complex marbled paper pattern. It features a mix of light blue, pale green, and off-white tones, with darker, more saturated areas of teal and brown. The pattern is organic and fluid, with swirling, vein-like structures that create a sense of depth and movement. The overall effect is reminiscent of natural stone or watercolor washes.

THE EDEN SPA

AN OASIS OF CALM AWAITS YOU

Discover our tranquil spa in the heart of Rome.

Choose from a luxurious range of treatments designed to relax, revive and offer an improved sense of wellbeing, while soft lighting and warm interiors soothe from the moment you arrive.

The spa's classic vaulted ceilings evoke ancient Rome but facilities are state-of-the-art, including single and double spa suites and a luxury manicure and pedicure suite.

RESTORE A SENSE OF HARMONY TO YOUR BODY, MIND AND SOUL

VALMONT

Since 1985, Valmont has combined the finest cellular technology with the purest ingredients from the Swiss Alps. Its cutting-edge anti-aging treatments are guided by ethics and environmental sustainability, protecting the unspoiled natural world it draws from.

AURASENS

Aurasens proprietary technology powers transcendent audio-haptic experiences, heightening your senses by turning sound waves into vibrations. Expect an immersive wellness experience that's a much-needed getaway from the stresses of daily life.

HÖBEPERGH

A new combination of cosmetics, inspired by the rhythms of nature – especially the unique environment of the Asiago Plateau in Italy, where over 1,000 wild herbs grow naturally and are harvested in harmony with their balsamic times (when their active ingredients are at their peak concentration) and lunar cycles. Research and innovation harmonise with a unique vision of effective sustainability.

FACIALS BY VALMONT

MAJESTIC TREATMENT – ELIXIR DES GLACIERS

A nourishing, sculpting and remodelling treatment for incomparable beauty. You'll enjoy two cleansings, three massages, and four masks to target the face, décolleté and hands. These include an energising massage, a sculpting massage, and rejuvenating, precise Kobido techniques. It's finished with a youth-restoring collagen mask for face and neck.

90 minutes, Monday – Thursday, €360

90 minutes, Friday – Sunday, €380

REVITALISING RITUAL – VITALITY OF THE GLACIERS

Designed to reveal fresher, softer and more radiant skin, this treatment stimulates cell oxygenation to dissolve signs of fatigue. You'll enjoy a precise, stimulating massage performed with the Vital Boost Concentrate – a deeply regenerating and energising serum – then finish with a collagen-boosting veil.

60 minutes, Monday – Thursday, €220

60 minutes, Friday – Sunday, €240

HYDRATION RITUAL – HYDRATION OF THE BISSES

Reveal vibrant, re-plumped skin with a slow, delicate, and relaxing massage that targets the lymphatic system, followed by a deeply hydrating collagen mask.

60 minutes, Monday – Thursday, €190

60 minutes, Friday – Sunday, €210

FIRMNESS RITUAL – FIRMNESS OF THE HILLS

This nourishing, sculpting and remodelling treatment is designed to improve skin firmness with a facial massage that's supercharged by a powerful serum. It incorporates therapeutic deep massage techniques with slow, smoothing strokes to sculpt and define, revealing a younger-looking face with a radiant glow.

60 minutes, Monday – Thursday, €210

60 minutes, Friday – Sunday, €230

PURIFICATION RITUAL – PURITY OF THE ALPS

More than just a simple skin cleansing, this facial offers skin a true revival. Designed to purify and balance, it's a perfect choice for a first time facial or as a maintenance treatment at any time of year.

60 minutes, Monday – Thursday, €190

60 minutes, Friday – Sunday, €210

EXCLUSIVE TREATMENT FOR THE EDEN SPA – LA GRANDE BELLEZZA

Designed especially for us, this unique massage rejuvenates, re-energises, harmonises and relaxes body and mind. This full body and face experience begins with a complete body exfoliation, followed by a stimulating massage to reveal silky-soft skin. For the face, you'll enjoy a regenerating mask – and the final touch will be bespoke to you.

120 minutes, Monday – Thursday, €410

120 minutes, Friday – Sunday, €430

WELLNESS EXPERIENCE

WELLNESS

Imagine lying down on a luxurious bed, closing your eyes and listening to your favourite song, as the music slowly turns into a melody of massage sensations. That's the premise of the Aurasens treatment bed, which offers an immersive vibro-musical experience. The natural ergonomics of the bed, the combination of music and massage, and the ability to choose from a range of programmes, all allow the body to relax and restore, release tension and boost circulation.

45 minutes, Monday – Thursday, €150

45 minutes, Friday – Sunday, €170

RITUALS BY HÖBERGRH

WILD ALPINE HERBS RELAXING LUXURY RITUAL

This decontracting full-body massage is designed to boost circulation. It harnesses the power of medicinal herbs, promoting their absorption using rhythmic movements that deeply relax your muscles. Meanwhile, you'll lie on a pillow filled with warm aromatic herbs that helps to dissolve tensions in your neck and shoulders, inducing a state of deep relaxation and wellbeing.

90 minutes, Monday – Thursday, €320

90 minutes, Friday – Sunday, €340

MASSAGES

SENSORIAL AND AROMATIC MASSAGE BY HÖBEPERGH

Enjoy a renewing massage that delivers nourishment, smoothness, and brightness to all skin types. Sensory massage techniques meet an aromatherapy experience that flows from the Dolomites and their Alpine herbs to Sicily and the Mediterranean coast with its sweet almonds and citrus fruits.

60 minutes, Monday – Thursday, €170
60 minutes, Friday – Sunday, €190

90 minutes, Monday – Thursday, €220
90 minutes, Friday – Sunday, €240

INTENSE MUSCLE MASSAGE

An intense massage designed to alleviate pain and deep muscular tension, helping to restore comfort and freedom of movement.

60 minutes, Monday – Thursday, €190
60 minutes, Friday – Sunday, €210

90 minutes, Monday – Thursday, €230
90 minutes, Friday – Sunday, €250

HOT STONE

A therapeutic full body massage performed with warm stones to rebalance your body and mind.

60 minutes, Monday – Thursday, €190
60 minutes, Friday – Sunday, €210

90 minutes, Monday – Thursday, €230
90 minutes, Friday – Sunday, €250

HÖBERGHI ANTI-STRESS BACK RITUAL

This decontracting massage focuses on the back and neck, boosting circulation and reducing joint stress. It harnesses the power of medicinal herbs, promoting their absorption using rhythmic movements that deeply relax your muscles. Aromatic notes from the herbs used soothe you into a state of deep relaxation.

60 minutes, Monday – Thursday, €185
60 minutes, Friday – Sunday, €205

90 minutes, Monday – Thursday, €220
90 minutes, Friday – Sunday, €240

PREGNANCY MASSAGE

Designed to safely pamper you, this full-body massage is suitable after the first trimester of pregnancy. It focuses on comforting the changes in your body, easing leg cramps, muscle fatigue and other aches and pains, and reducing water retention and puffiness. Suitable from 14 weeks.

60 minutes, Monday – Thursday, €190
60 minutes, Friday – Sunday, €210

BODY TREATMENTS BY HÖBEPERGH

ALPINE HERBS DEEP RELAXING NECK TREATMENT

Alpine herbs are the star ingredient in a heat pack that relaxes and decontracts the muscles in your neck. This treatment is gentle yet effective, as the active ingredients from each herb deeply penetrate and relax your body.

60 minutes, Monday – Thursday, €175

60 minutes, Friday – Sunday, €195

DOREA OIL® RELAXING & PURIFYING MASSAGE

Give your skin a radiant shine with this detoxifying, purifying treatment. Its patented active ingredients – Dorea Oil® and Organic Spirulina® from Tuscany – are rich in rice bran oil, omega 3, and omega 6, which work to detoxify the skin and prevent signs of aging.

60 minutes, Monday – Thursday, €170

60 minutes, Friday – Sunday, €190

MUD AND HAY THERAPY DETOX

HöbePergh herbs and hay, expertly combined with white Tuscan clay, create a truly detoxifying therapy. This treatment promotes the elimination of toxins, helping to boost your physical wellbeing.

60 minutes, Monday – Thursday, €170

60 minutes, Friday – Sunday, €190

MOISTURISING BODY BOOST

Stimulate cell renewal, and deeply nourish and hydrate your skin. This treatment works to reduce the signs of aging over your whole body.

60 minutes, Monday – Thursday, €170

60 minutes, Friday – Sunday, €190

NAIL CARE

LUXURY MANICURE

First, your hands will be awakened with an exfoliation, then soothed with a moisturising massage, your cuticles tidied and your nails shaped and treated with a prescriptive base coat. Finally, your choice of polish (gel or regular) and a high-shine topcoat will be applied to your nails for a perfect finish.

60 minutes, Monday – Thursday, €95

60 minutes, Friday – Sunday, €100

LUXURY PEDICURE

This nourishing treatment for feet and nails begins with a cleansing and exfoliation to smoothen skin. Then your feet and ankles are massaged with conditioning creams, and nails shaped and treated with a prescriptive base coat. Finally, they're topped with your choice of polish (gel or regular) and a high-shine top coat to finish.

60 minutes, Monday – Thursday, €95

60 minutes, Friday – Sunday, €100



∪ Dorchester Collection