

Hotel Eden

Rome

Dorchester Collection

## Press Release

May 2018

# Fabio Ciervo, executive chef at Dorchester Collection's Hotel Eden



*“My cooking philosophy is inspired by art and innovation, with the aim to create perfect harmony between exceptional food and a healthy lifestyle.”*

Fabio Ciervo, executive chef, Hotel Eden

Born in a small province in the heart of Benevento, Fabio Ciervo grew up nurturing two passions; cooking and sport. Although very different activities, both taught him the need for discipline and sacrifice, placing a strong influence on his personality and professionalism. Sport gave Fabio the realisation that good nutrition is essential, and this has remained the basis of his inspiration throughout his culinary career.

Exposed to food at a very young age, Fabio Ciervo started his training to become a chef at the age of 14. In 2003, Fabio began his career at Hotel Eden as Adriano Cavagnini's executive sous-chef. He then worked abroad alongside chef Michael Roux at the Waterside Inn restaurant,

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Heston Blumenthal, Martin Berasategui and Thomas Keller, and acquired further international experience.

All the while Fabio continued to study and expand his knowledge. Alongside working for some of the best chefs in the world, in his spare time Fabio took regular trips to renowned French cooking school, École Lenôtre, participating in a range of workshops and exploring the various techniques involved in the art of chocolate and pastry-making.

Fabio then returned to Hotel Eden as La Terrazza and Il Giardino's executive chef in 2010. At the end of 2012, at the age of only 32, Fabio Ciervo achieved an important milestone – receiving his first Michelin star at La Terrazza. When the hotel underwent a 17 month restoration, he continued his studies, visiting Michelin-starred restaurants around the world and obtaining a Master's degree in nutrition.

Throughout the hotel's renovation, Fabio Ciervo worked very closely with the hotel's architects and designers to create the *perfect kitchen* with floor to ceiling windows overlooking the Eternal City. He identified the prime position of each station, ensuring effective cooking and ease for his staff. He also developed a new cooking philosophy based on the following five pillars: innovation, wellness, ingredients, taste and art.

After only seven months, following the reopening of Hotel Eden, executive chef Fabio Ciervo was awarded a Michelin Star for La Terrazza. The highly sought-after accreditation was presented by the Italian edition of the renowned Michelin Guide on Thursday, November 16, 2017.

Executive chef Fabio Ciervo, comments: 'I'm honoured to have received such an important distinction which I will share with my whole team and the restaurant staff. My passion for cooking stems from continuing to experiment with new ideas and offering our local and international guests a memorable dining experience, combining healthy nutrition with taste and innovation.'

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For additional information, please contact:

Francesca Lindberg  
Account Manager  
Peretti Communications Ltd  
Tel: +44 (0)20 7244 1939  
Email: francesca.l@peretti.com

Natacha Lazareff  
Junior Account Executive  
Peretti Communications Ltd  
Tel: +44 (0)20 7244 1946  
Email: natacha.l@peretti.com

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The current portfolio includes the following hotels: **The Dorchester**, London; **45 Park Lane**, London; **Coworth Park**, Ascot, UK; **Le Meurice**, Paris; **Hôtel Plaza Athénée**, Paris; **Hotel Principe di Savoia**, Milan; **Hotel Eden**, Rome; **The Beverly Hills Hotel**, Beverly Hills; and **Hotel Bel-Air**, Los Angeles.  
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