

# THE DORCHESTER SPA

in collaboration with

London Aesthetic Medicine

) ( *Dorchester Collection*



We're delighted to welcome Dr Uliana Gout to The Dorchester Spa, a leading global expert in aesthetics and founder of the London Aesthetic Medicine (LAM) clinic on Harley Street. Dr Gout shares her unique expertise in 'Intelligent Aesthetics', using an evidence-only approach and safety-first philosophy which has earned her multiple industry awards.

Dr Gout's attitude to aesthetics centres around hyper-personalisation, beginning with your private consultation. All her treatments feature mixed-modalities combined with innovative techniques for truly exceptional results.

*"I am thrilled to have curated the LAM Luxe treatment experience exclusively for The Dorchester. Clients will have access to my signature treatment creations, using the latest multi-modal treats with minimal downtime to make you look and feel fantastic, rejuvenated and natural!" – Dr Uliana Gout*

# THE LAM LUXE SIGNATURES

## The Signature Luxe

LAM Luxe facial and blue LED light therapy

Single £750 | Three £2,140 | Six £4,050

The LAM Luxe signature facial infuses your skin with a unique blend of pure hydrating molecules and gentle humectants, progressively revealing optimal skin radiance and smoothness. This is combined with antibacterial blue LED and a glow-boosting mask to leave your complexion soft and smooth as silk.

## The Deluxe Lift

LAM Luxe facial, radio frequency and blue LED light therapy

Single £1,100 | Three £5,940

The LAM Luxe Deluxe Lift facial infuses your skin with a unique blend of pure hydrating molecules for optimal smoothness and pore refinement. Radio frequency heats the tissue to stimulate collagen production and create instant tightening, specifically focusing on the lower face for the ultimate 'v-shape' jaw. The treatment ends with bacteria-fighting blue LED and a smoothing mask to leave the complexion lifted and refined.

## The Red Carpet

LAM Luxe facial, radio frequency, mesotherapy and red LED

Single £1,300 | Three £3,700 | Six £7,000

The ultimate combination of hydration, smoothness and tightening. The LAM Luxe Red Carpet facial infuses your skin with a unique blend of pure hydrating molecules for optimal smoothness and pore refinement. Radio frequency is used to tighten and enhance facial contours, followed by Dr Gout's signature LAM mesotherapy infusion technique to instantly hydrate and plump your skin by delivering a blend of hyaluronic acid, peptides, amino acids, vitamins and minerals into the deeper skin layers. The treatment ends with anti-inflammatory red LED and a hydrating mask for extra sparkle for that ultimate red carpet glow.

# THE LAM LUXE SIGNATURES

## The Diamond Deluxe

LAM Luxe facial, upper face anti-wrinkle injections and LED

Single £1,500 | Three £4,275 | Six £8,100

A full face beautification, treating the skin with the LAM Luxe signature facial combined with a youth-activating series of micro anti-wrinkle injections to lift the brows, open the eyes and smooth the forehead. Every facet of your features is enhanced for an undetectable smoothness and undeniable glow. To complete the look, LAM Luxe LED optimises skin regeneration.

## The Superior Sculpt and Smooth

Full face and neck anti-wrinkle injections, radio frequency and LED

Single 2,500 | Three £7,125 | Six £13,500

A powerfully targeted treatment to enhance contours and smooth irregularities. This treatment offers complete face and neck rejuvenation with a bespoke pattern of micro anti-wrinkle injections to smooth lines, sculpt facial contours and tighten the jawline. The addition of radio frequency with heat helps to stimulate collagen production for instant results that improve over time. To complete the look, LAM Luxe optimises skin regeneration.

# THE DORCHESTER EXCLUSIVES

Dr Gout has created two treatments exclusively for her clients at The Dorchester Spa. We invite you to enjoy a level of aesthetic prestige not available elsewhere.

## The Optimum Royal

Full face, neck and chest anti-wrinkle injections, full face skin training, radio frequency and LED

Single £3,995 | Three £11,385 | Six £21,500

The jewel in the crown. No luxury is spared with this full face and neck rejuvenation. A combination of anti-wrinkle injections and Dr Gout's signature skin training contour conditioning treatment sculpts and slims the face for enviable contours, gently arched brows, subtly enhanced cheekbones, a chiselled jawline and cushioned lips. A bespoke cocktail of hyaluronic acid, peptides, amino acids, vitamins and minerals is delivered to the deeper skin layers to smooth away fine lines and wrinkles and diminish signs of tiredness and ageing. This is perfectly coupled with LAM Luxe radio frequency for collagen induction that lasts up to six months, alongside our powerful LAM Luxe LED to regenerate your skin.

## The Platinum Glow

Upper face anti-wrinkle injections, LAM Luxe facial and LED

Single £2,995 | Three £8,985 | Six £16,150

For the facial connoisseur we present The Platinum Glow. This full face treatment delivers indulgence at every layer of the skin, from the upper epidermis to the deeper subcutaneous layers, to refine pores, enhance radiance and boost collagen for long lasting results. This is combined with precisely targeted anti-wrinkle injections to smooth away lines from the forehead, between the eyes and crow's feet to elegantly lift your features. LAM Luxe radio frequency completes the effect to instantly tighten and sculpt the jawline for a taut and lifted look, alongside our powerful LAM Luxe LED to regenerate your skin. Our signature LAM Luxe facial perfects your glow with radiance-enhancing lipophilic molecules.

# THE LAM LUXE TRAINING PROGRAMMES

An exclusive collection of treatments curated by Dr Uliana Gout for optimum results over time.  
A celebration of innovation and aesthetic excellence

## LAM Luxe Muscle Training

Single £2,100 | Three £6,000 | Six £11,300

A full face treatment uniquely developed by LAM Luxe with botulinum toxin to retrain habits of over-contraction in your muscles. This revolutionary approach helps to counter the effects of ageing, leading to a smoother, slimmer, contoured and more instantly youthful visage. It reduces the tell-tale signs of ageing, including frown lines, forehead wrinkles, crow's feet, bunny lines, lip lines and chin contraction, with the added effect of jaw slimming and tightening using micro-injections for optimal comfort. This is coupled with LAM powerful radio frequency alongside LAM Luxe LED for optimal tightening and skin regeneration.

## LAM Luxe Skin Training: Contour-Conditioning

Single £2,100 | Three £6,000 | Six £11,300

The latest global innovation for 2022. Hailed by beauty press as pioneering the next era of aesthetic rejuvenation and bio-stimulation.

Skin Training: Contour-Conditioning is for the individual who dreams of perfectly plump, gently contoured features radiating health, youth and vitality. A bespoke cocktail of powerful active ingredients is delivered precisely and directly into your skin and the deeper subcutaneous layers of the face, neck, ears and décolleté for beautifully plump, nourished and smooth skin. Experience the regenerating power of hyaluronic acid, peptides, amino acids, vitamins and minerals combined with Dr Gout's signature micro-needle and cannula technique for optimal tightening and skin regeneration.

*"We all deserve to look great at any age but in today's world it's easy to over-inject and look obviously enhanced. That's why I've created the LAM Luxe Signature Skin Training Contour-Conditioning Programme to take you on a journey to reboot, recover, contour and condition your skin."  
- Dr Uliana Gout*

# THE LAM LUXE MAN

## The Black Tie LAM Luxe Man facial, mesotherapy and LED

Single £795 | Three £2,260 | Six £4,290

This exclusive facial powers through pores to unclog and instantly decongest the skin, leaving it super smooth and clear. A unique blend of hydrating molecules instantly hydrates and soothes tired or irritated skin, combined with the highest powered LAM Luxe blue LED therapy to fight bacteria and congestion. Finally, LAM Luxe mesotherapy infuses powerful vitamins, minerals, hyaluronic, peptides and amino acids to instantly rejuvenate your skin.

## The Executive Upper face anti-wrinkle injections and LED

Single £975 | Three £2,775 | Six £5,265

The modern treatment for the modern man. A subtly powerful series of micro anti-wrinkle injections to smooth lines caused by overworked muscles in the forehead, around the eyes, around the jaw and chin. For this bespoke treatment, Dr Gout takes all areas of the face into account, including muscle density and bone structure, to treat and prevent future wrinkles with micro-injections for zero downtime. To complete the look, LAM Luxe LED optimises skin regeneration.

## LAM Luxe Man Muscle Training LAM Luxe Man facial, full face and neck anti-wrinkle injections and LED

Single £2,225 | Three £6,250 | Six £12,000

Muscle training doesn't end at the gym. Dr Gout's most famous treatment for enhancing your facial structure uses botulinum toxin to retrain habits of over-contraction in your muscles. This revolutionary approach is specifically tailored to male skin to counter the effects of ageing, leading to a smoother, chiselled and more youthful visage. Reduces the tell-tale signs of stress and tiredness across the forehead, around the eyes, across the jawline and over-contraction of the chin.

# THE LAM LUXE MAN

## The Ultimate Recovery LAM Luxe Man facial, radio frequency mesotherapy and LED

Single £1,300 | Three £3,700 | Six £7,020

This exclusive facial powers through pores to unclog and instantly decongest the skin, leaving it super smooth and clear. A unique blend of hydrating molecules instantly hydrate and soothe tired or irritated skin. This is combined with the highest powered LAM Luxe radio frequency for powerful tightening and lifting for the full face, along with red LED therapy to reduce redness and inflammation.

## The Presidential LAM Luxe Man face, neck and back facial, upper face anti-wrinkle injections, mesotherapy, nose-to-mouth line filler and LED

Single £975 | Three £2,775 | Six £5,265

The ultimate LAM Luxe Man treatment for looking your sharpest in London. This full face, neck and back treatment works to reboot all areas that expose tiredness, stress and premature ageing with a multi-layered approach to optimise every layer of the skin. LAM's signature deep cleansing facial decongests, clarifies pores and hydrates for a supple and clear complexion. A series of micro anti-wrinkle injections combined with a powerful mesotherapy cocktail helps to infuse the skin with hyaluronic acid, peptides, amino acids, vitamins and minerals to kickstart bio-stimulation, restoring your skin to its best. To complete the look, LAM Luxe LED optimises skin regeneration.