

THE SPATISSERIE

FOOD SELECTION

WELLNESS PICK 'N' MIX PLATTER

£25

Select one item of your choice from each of the four categories below to create your own dining experience, be it a healthy detox or a touch of indulgence.

CLEANSE

- Celery, apple, cucumber and mint juice ✓
- Golden beetroot, orange and ginger juice ✓
- Meadow iced tea – lemon verbena, green tea and lemongrass ✓
- Garden pea soup with mint ✓
- Chilled tomato consommé with green chilli and coriander ✓

REFRESH

- Sugar snap peas and glass noodle salad with fermented cabbage and sesame ✓
- Garden radishes with cod roe cream
- Heritage carrots with caramelised onion houmous ✓
- Baby gem salad, duck egg and spring onion ✓
- Marinated tomatoes, sourdough and basil ✓
- Bulgur wheat and bean salad with English feta and mint ✓

NOURISH

- Oak-smoked chicken, butter lettuce and sweetcorn
- Cured salmon, avocado, soy and lime
- Iberico ham, sourdough and rocket
- Atlantic prawn, yuzu, cucumber and coriander
- Burrata, pine nuts and rapeseed oil ✓
- Grilled mushroom, raw cauliflower and olive ✓

INDULGE

- Crème fraîche with blackberries, hibiscus and buckwheat
- Banana and walnut bread with clotted cream
- Seasonal fruit tartlet with vanilla
- Greek yoghurt with roasted apricots and caramelised almonds
- Mango mousse with passion fruit and lime

LIGHT BITES AND SANDWICHES

Garden pea soup with mint	£12
Bulgur wheat and bean salad with English feta and coriander	£16
Marinated tomatoes, sourdough, burrata and basil	£16
Iberico ham, sourdough and rocket salad	£18
Chicken and sweetcorn roll served with crisps	£16
Smoked salmon bagel with pickled cucumber and cream cheese	£16

Gluten-free items are available on request ✓ *vegetarian option*

Our menu contains allergens. If you suffer from a food allergy or intolerance please let a member of The Spatisserie team know upon placing your order. A discretionary service charge of 14% is added to the bill. All prices include VAT.

DRINKS

SLOW-EXTRACTION JUICES

£8.50

OUR DAILY PICK

Refer to the board for our juice of the day

FULL OF LIFE

Beetroot, cucumber, celery, carrot, fresh coriander, lemon

SMOOTHIES

£8.50

MEADOW SUPER SMOOTHIE

Almond milk, banana, lemon, basil leaves, vanilla extract

POST-WORKOUT PROTEIN SMOOTHIE

Coconut water, dates, banana, whey protein, cinnamon, vanilla extract, chia seeds

SOFT DRINKS

Coca-Cola, Diet Coke, Sprite (330ml)

£5

Soda water, tonic water, slimline tonic water, ginger ale (200ml)

£4

WATER

330ml

750ml

Llanllyr still/sparkling

£5

£6

Perrier

£7

San Pellegrino

£7

Evian

£8

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WINE

WHITE

	125ml	750ml
Fratelli Antonio e Raimondo, Gavi di Gavi, Piedmont, Italy, 2017	£8	£42
Ana, Sauvignon Blanc, Marlborough, New Zealand, 2018	£9	£49

ROSÉ

La Source Gabriel, Côtes de Provence, France, 2018	£10	£50
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RED

Peacock Ridge, Merlot, Stellenbosch, South Africa, 2018	£9	£39
Terrazas de los Andes, Malbec, Mendoza, Argentina, 2016	£12	£59

CHAMPAGNE

Veuve Clicquot Yellow Label	£17	£80
Veuve Clicquot Rosé	£24	£120

BEER

	330ml
Peroni	£6
Beck's Blue (non-alcoholic)	£6

HOT DRINKS

HERITAGE TEA

Coworth Park Afternoon Blend	£5.50
Coworth Park English Breakfast	£5.50
Classic Earl Grey	£5.50
Darjeeling	£5.50
Lapsang souchong	£5.50

CAFFEINE-FREE TEA

Strawberry and kiwi	£5.50
Rooibos	£5.50
Lemon verbena	£5.50
Peppermint	£5.50
Fresh mint	£5.50
Decaffeinated Ceylon	£5.50

GREEN TEA

Sencha Fukujyu	£5.50
Dragon pearl jasmine	£7.50

COFFEE

Cappuccino	£5.50
Caffè latte	£5.50
Americano	£5.50
Espresso	£5.50
Double espresso	£5.50
Mocha	£5.50
Decaffeinated coffee	£5.50
Hot chocolate	£5.50

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