

ASCOT COWORTH PARK

One day itinerary: **Active**

As the home of the annual Royal Ascot Racecourse, Ascot is at the heart of the British equestrian scene. But while equine activities may dominate in the town, racing isn't the only sport on offer. The Berkshire countryside is a playground for active travellers, with everything from golf and polo to hiking and sailing. Head outdoors and discover the delights of rural England with this one-day itinerary.

Begin the day with sporting activities at Coworth Park on the grounds of the hotel.



COWORTH PARK

T: 01344 876 600 | Blacknest Road, Ascot SL5 7SE

Set on 240 acres of parkland, Coworth Park offers a variety of sports just a stone's throw from your suite. From a scenic run through the grounds and a morning game of tennis or croquet, to mountain biking, clay pigeon shooting, fishing and yoga, there's plenty to match the preferences of active travellers. Ask your concierge for full options and to book classes and sessions.

Before leaving Coworth Park, drop into the Coworth Park Equestrian Centre.



COWORTH PARK EQUESTRIAN CENTRE

T: 1344 756 763 | Blacknest Road, Ascot SL5 7SE

Experience the thrill of horse riding at the first-class Coworth Park Equestrian Centre. Beginners can book private or group lessons while experienced riders can enjoy treks through the parkland. There's also a dressage arena and show jumping course for experts and a pony club for younger riders.

Next, take a 25-minute taxi drive to Bray Lake Watersports.



BRAY LAKE WATERSPORTS

T: 01628 638 860 | Monkey Island Lane, Bray, Maidenhead SL6 2EB

Take to the water with Bray Lake Watersports. There are classes in everything from windsurfing and dinghy sailing to open water swimming and paddle sports, as well as special sessions tailored to younger water sports enthusiasts and private classes for those who'd benefit from some one-on-one training.

The next venue, Wentworth Club, is a 25-minute drive from Bray Lake Watersports.



WENTWORTH CLUB

T: 01344 842 201 | Wentworth Drive, Virginia Water GU25 4LS

Guests of Coworth Park can enjoy access to Wentworth Club, one of the world's finest golf and country clubs. An essential stop on the itinerary for golf enthusiasts of all levels, the estate houses three 18-hole championship courses (West, East and Edinburgh) and an excellent club house for that essential post-game beverage.

Take a 20-minute drive to the final stop of the day, Windsor Great Park. Alternatively, take a 20-minute walk from Wentworth Club to the Virginia Water Lake Visitor Center on the edge of the Park.



WINDSOR GREAT PARK

T: 01753 860 222 | Windsor

One of the largest and most beautiful parks in this part of England, Windsor Great Park comprises 4,800 acres of rolling countryside and ancient woodland. Hike one of the many forest trails through The Valley Gardens to discover rare wildlife and striking horticulture; take a leisurely stroll through beautiful flower displays in The Savill Garden; or cool off on the shores of the beautiful Virginia Water Lake, famous for its ornamental Cascade waterfall.

To get back to the hotel, it's a 30-minute drive.

All journey times are approximate and subject to variation.