

# ROME HOTEL EDEN

## One day itinerary: **Food**

If there's one reason that people love to visit Italy, it's the food. From gelaterias and fresh food markets to Michelin star restaurants and local bars perfect for aperitivo hour, Rome offers some of the best culinary destinations in the country. Discover where to sample the finest regional produce and authentic Italian dishes with this one-day itinerary to Rome's gastronomic highlights.

*Begin the day with a 20-minute drive to Eataly Rome.*



### EATALY ROME

*T: 006 9027 9201 | Piazzale 12 Ottobre 1492, 00154 Rome*

Specialising in Italian produce, Eataly is the place to go for gourmet souvenirs. The store is filled with everything from craft beers and condiments to specialty flours that are perfect for making Italian pasta and pizza.

*Then, take a 20-minute drive to the Nuovo Mercato Esquilino.*



### NUOVO MERCATO ESQUILINO

*Via Filippo Turati 160, 00118 Rome*

Originally the Piazza Vittorio Market, this market is one of the oldest in Rome. Today it's a melting pot of international flavours, with vendors offering produce from all four corners of the globe. Hosted every day except Sunday, the colourful market is filled with locals enthusiastically negotiating offers on spices, meats and exotic fruits and vegetables.

*Next, take a 15-minute walk or a 10-minute drive to Fatamorgana.*



### FATAMORGANA

*T: 006 4890 6955 | Piazza degli Zingari 5, 00184 Rome*

There's ice cream, and then there's Italian gelato. Incomparable in flavour, texture and richness, gelato is a must-try when visiting Rome. While there are hundreds of gelato parlours to choose from, Fatamorgana is one of the best gourmet gelaterias in the city. It stands out due to its use of natural, raw ingredients and unusual flavours.

*Gusto al 28 is just a 15-minute drive from here.*



## GUSTO AL 28

*T: 006 6813 4221 | Piazza Augusto Imperatore 28, 00186 Rome*

The Italian approach to dining is decidedly unhurried, with a meal often lasting several hours. Start the evening with an aperitivo at Gusto al 28. Take a seat in the stylish cocktail bar – its outdoor terrace overlooking the Mausoleum of Augustus – and experience some of the city’s most exciting mixology. The cocktail menu features an extensive selection of innovative blends, and there’s also a fantastic selection of fine wines.

*Drive for 15 minutes around the river to reach Glass Hostaria.*



## GLASS HOSTARIA

*T: 006 5833 5903 | Vicolo del Cinque 58, 00153 Rome*

Located in Trastevere, Glass Hostaria is headed up by Michelin star chef Cristina Bowerman, and exudes a strong contemporary aesthetic. Local produce is central to the menu, which changes regularly to reflect seasonal ingredients and trends. Get the most out of the experience by ordering the nine-course set menu, designed to be shared between the table.

*To get back to the hotel, hail a taxi and enjoy a 20-minute drive.*

*All journey times are approximate and subject to variation.*