

THE CONTINENTAL	£30	THE 45 MEDITERRANEAN BREAKFAST	£42	THE 45 BREAKFAST	£42
Assorted House-Made Pastries		Organic Eggs Prepared Any Style		Organic Eggs Prepared Any Style	
Churned Brittany Butter & Preserves		Tomato & Cucumber Salad		Applewood Streaky Bacon, Pork Sausages or Chicken	
Assorted Cereals		Chicken or Beef Sausage		Grilled Mushroom & Tomato	
Freshly-Squeezed Juices		Braised Fava Beans		Baked Beans, Fingerling Potatoes	
Choice of Tea, Coffee, Hot Chocolate		Grilled Flatbread		Choice of Toast	
		Freshly-Squeezed Juices		Freshly-Squeezed Juices	
		Choice of Tea, Coffee, Hot Chocolate		Choice of Tea, Coffee, Hot Chocolate	

LIGHTER FARE

Açai Bowl, Assorted Market Berries, Coconut, Mixed Seeds	£16
Avocado Toast, Feta, Grapefruit, Rocket Arugula, Za'atar Spice	£24
Steel-Cut Irish Oatmeal, Banana, Candied Walnuts, Muscovado Sugar	£14
Smoked Salmon Bagel, Red Onion, Capers, Herbed Cream Cheese/Add Beluga Caviar	£26/£75
Seven-Grain Granola, Wildflower Honey, Natural Greek Yoghurt, Berries	£16
Farmers' Market Fruit Salad	£16

FROM THE GRIDDLE

Buttermilk Pancakes, Maple Butter, Seasonal Berries	£22
Brioche French Toast, Clotted Cream, Huckleberry Compote	£22
CUT Buttermilk Waffle, Caramelised Banana, Peanut Caramelised Ice Cream	£28

SIDE DISHES

House-Made Assorted Pastries	£14
Two Organic Eggs Any Style	£8
Half Sliced Avocado	£8
Smoked Salmon	£8
Chicken Sausages	£10
Maple Pork Sausages	£10
Applewood Smoked Bacon	£10

EGGS, EGGS, EGGS

Eggs Prepared Any Style & Roasted Fingerling Potatoes	£16
Soft French-Style Omelette, Caramelised Onions, Wild Mushrooms, Bacon, Gruyère, Roasted Potatoes	£24
Egg-White Omelette, Spinach, Tomato, Asparagus, Roasted Potatoes	£24
Salt Beef Hash Cakes, Poached Organic Eggs, Crispy Leeks, Sauce Béarnaise	£26
Eggs Benedict, Kassler Ham & Crispy Bacon	£22
Eggs Royale, Smoked Salmon, Avocado & Dill Hollandaise/Add Beluga Caviar	£26/£75
Eggs Florentine, Asparagus & Watercress	£22
Spiced Fava Beans, Poached Eggs, Cumin, & Grilled Flatbread	£24

MORNING DRINKS

Coffee Selection	£7	Apple or Cranberry Juice	£6.50
Loose Leaf Tea Selection	£7	Freshly-Squeezed Orange & Grapefruit Juice	£7.50
Green Juice	£12	Freshly-Squeezed Juice of Your Choice	£9

Executive Chef, Elliott Grover

Our menu contains allergens. If you suffer from any food intolerances or allergies, please let a member of the restaurant team know upon placing your order. Prices include VAT and exclude 15% service charge.